



# Men at Crossroads

## A support group for men navigating career transitions

Men At Crossroads is a supportive, confidential group designed specifically for men facing pivotal moments in their careers such as job loss, career changes, burnout and workplace conflict.

Led by MFT trainees, this group will provide a container for men to connect, offer support to other men, and explore this moment in their lives.

For more information

**CLICK HERE**



SCAN ME



Meetings will be held virtually via Zoom



8 meetings occurring every week with the possibility of extending



Group size: 6-10 members.  
Open to men 25+ who live in the state of California



Cost: \$75 for 8 sessions

Co-facilitated by marriage and family therapist trainees Adam Ashenaski and Luca Donati

Supervised by:

Gianna Maunu LMFT #77757  
Kellum Lewis LMFT#42989

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