

DISCUSSION & SUPPORT GROUP:

CHILDFREE COUPLES

A connecting and processing space for
couples who are childfree-by-choice

WE WILL EXPLORE:

Expectations and judgment from society and family
Range of emotions related to the decision to not have children
Impact of culture on being childfree
Community and friendships
Future planning, hopefulness, and purpose

GROUP DETAILS:

Open to couples ages 22+ who live in CA
8 weekly sessions on Zoom
Tuesdays 6:30-8pm, beginning mid-March
\$100 per couple for all 8 sessions

*Couples currently childfree-by-choice but uncertain about
future parenthood also welcome*

IF INTERESTED, PLEASE VISIT:

bit.ly/childfreecouples